

Half-term Four February-March

Year 11 Health and Social Care

Lesson	Instructions	Resources	Curriculum
1	Independence	Slides (lesson 1) Task	Component 2 learning aim B
2	Respect	Slides (lesson 2) Task	Component 2 learning aim B
3	Dignity	Slides (lesson 3) Task	Component 2 learning aim B
4	Confidentiality	Slides (lesson 4) Task	Component 2 learning aim B
5	Safeguarding	Slide (lesson 5) Task	Component 2 learning aim B
6	Care values	Task/Script	Component 2 learning aim B

Please email any queries and completed work to **Mrs Shorting/Mrs Carr-Thoms**

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Lesson 1



Independence

Independence is about having control of our life And being able to do things for ourselves, and not relying on others. Many of us will experience independence in our lives but events can happen to some people that will take their independence away.

When people lose part all of their independence it's important to be patient with them.

Allow the person to do things for themselves even if there is a temptation to do everything you can for them...

How can we promote independence in health and social care settings?

Task

Give examples of how you could help someone to be independent in a care home?

Lesson 2

Respect

- Tolerance and acceptance
- Being patient
- Respecting privacy
- Calling people by their preferred name (or addressing them correctly)
- Manners (please and thank you)
- Respect individual needs
- Allowing people to speak and have an opinion or input



Task

Give examples of how you could show respect to be residents in a care home?

Lesson 3

Dignity

- Allowing them to complete self-care and take themselves to the toilet
- Wipe spilt food from their mouths or clothes when eating
- Allowing the person to use adapted equipment to help them be more independent
- Ensure confidential or private information is done in a private area away from others
- Providing encouragement and support



Task

Give examples of how you could show dignity can be shown in a care home?

Lesson 4

Confidentiality

- Do not disclose personal information unless it is on a need-to-know basis
- Keep personal records or files locked away in appropriate storage for example, a filing cabinet
- Password protect computers/electronic devices
- Follow H&SC setting procedures



Task

Give examples of how you could show confidentiality can be demonstrated in a care home?

Lesson 5

Safeguarding



- Follow procedures and codes of practice
- Know your personal responsibilities
- Always report concerns to the relevant people
- Prevent accidents where possible
- Ensure all main doors are locked or have someone to monitor who enters and leaves (security)
- Ensure visitors sign in and wear a visitors badge
- DBS checks for staff and volunteers

Task

Give examples of how safeguarding can be demonstrated in a care home?

Lesson 6

Care value	How it may be shown in my H&SC Setting
Empowering people and promoting independence	Giving the service user choice Including them in their own care decisions
Showing respect	Addressing people the way in which they prefer and having manners
Maintaining a person's dignity	Allowing a person privacy when they are showering or using the toilet
Communicating effectively (including those who have hearing, speech and problems understanding)	Use of translator/pictures to help understanding
Promoting anti-discriminatory practice	Having a wide range of activities for service users and not assuming that one gender wants to do a certain activity
Safeguarding people and following a duty of care	Following health and safety rules to keep service users safe
Maintaining confidentiality	Not discussing the service users details with other staff Locking all private information away/computers password protected

Task: you now need to consider how each of the care values might be implemented (applied or evidenced) in your chosen H&SC setting. Please add some more examples in the boxes.

Scenario 1

You are a volunteer in a residence for older people. One of the residents has difficulty in dressing and has asked you to help them put on their jacket.

The resident has a condition which affects their joints and this means that they need help with everyday tasks, because of the pain in their wrists and elbows.



Task

Start to write a script for the above scenario:

Who are your characters?

How many residents do you have?

How many carers?

