



	Year 9 (Three times a fortnight)	YEAR 10 (once a fortnight)	YEAR 11 (once a fortnight)
W I N T E R	<p>The Making of Me</p> <p>What makes us the person we are? Nature versus nurture</p>	<p>Health Education- Physical (diet and activity)</p> <p>Health Education- Mental What is mental health? Causes, symptoms, treatment Stigma</p>	<p>Sex and Relationships</p> <p>What makes a healthy relationship? Abuse in relationships</p>
T E R M	<p>Beliefs and Morality</p> <p>Where does morality come from? Comparing the 6 main religions in the world Compare religious views to philosophical views and Humanism</p>	<p>Health Education- Mental What is mental health? Causes, symptoms, treatment Stigma</p> <p>Drugs Education Particular focus on the drugs that are the main concern in the North East of England- Alcohol, smoking, cannabis, 'spice'.</p>	<p>Sex and Relationships</p> <p>What makes a healthy relationship? Abuse in relationships</p>
S P R I N G	<p>Prejudice and Discrimination</p> <p>Types of prejudice and discrimination and its history. Specific focus on sexism, racism, ageism, homophobia, transphobia and Islamaphobia.</p>	<p>Drugs Education Particular focus on the drugs that are the main concern in the North East of England- Alcohol, smoking, cannabis, 'spice'.</p> <p>LGBTQ issues. Including history of LGBTQ</p>	<p>Future me- Family and marriage Forced marriage Parenting Miscarriage Adoption Fertility Divorce Bereavement</p>
T E R M	<p>Prejudice and Discrimination</p> <p>Types of prejudice and discrimination and its history. Specific focus on sexism, racism, ageism, homophobia, transphobia and Islamaphobia.</p> <p>Careers Education</p>	<p>LGBTQ issues. Including history of LGBTQ</p>	<p>Future me- Positive choices World of work Money management Mindfulness. (Why be happy when you could be normal?) An overall summary of what we have covered in IL over the last 3 years!</p>
S U M M E R	<p>Careers Education</p> <p>Sex and Relationships Education</p> <p>Discussions surrounding contraception, healthy relationships, STIs and consent.</p>	<p>Citizenship (Politics, extremism, radicalisation, knife crime)</p> <p>Britishness Democracy versus dictatorship. The main political parties in the UK. The creation of the law and social policies.</p>	<p>Exam prep/ revision strategies</p>



T E R M	<p>Sex and Relationships Education</p> <p>Discussions surrounding contraception, healthy relationships, STIs and consent.</p> <p>Consent The role of the internet, including grooming. Child sexual exploitation.</p>	<p>Citizenship (Politics, extremism, radicalisation, knife crime)</p> <p>Britishness Democracy versus dictatorship. The main political parties in the UK. The creation of the law and social policies.</p>	<p>Exams</p>