

Half-term Five- June to July 2021

Year 9 Hospitality

Lesson	Instructions	Resources	Curriculum
1	Open the powerpoint: Alcohol Read the powerpoint, make notes and then download the worksheet and answer the questions.	https://www.foodafactoflife.org.uk/14-16-years/healthy-eating/energy-and-nutrients/#alcohol https://www.bbc.co.uk/bitesize/clips/zgxkq6f Watch the video	Health and Nutrition
2	Open the powerpoint: Alcohol Open the quiz and answer the questions; use the marksheet to check your answers. Produce an informative poster about the effects of alcohol on our health	https://www.foodafactoflife.org.uk/14-16-years/healthy-eating/energy-and-nutrients/#alcohol	Health and Nutrition
3	Recapping Physical Health and links to body image	https://www.bbc.co.uk/bitesize/clips/zmrpvcw https://www.bbc.co.uk/bitesize/clips/zxrpvw https://www.bbc.co.uk/bitesize/clips/zxrpvw	Health and Nutrition
4	Smoking- watch the video. Write about the pressures of smoking and the dangers of smoking on our health.	https://www.bbc.co.uk/bitesize/clips/zjvxn39 https://www.youtube.com/watch?v=HD_r66sFjk	Health and Nutrition
5	Health issues- related to food Read through and choose one to produce an informative poster or powerpoint	https://www.foodafactoflife.org.uk/14-16-years/healthy-eating/health-issues/	Health and Nutrition

Please email any queries and completed work to **Mrs Weites**

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