

**Please note staff training day is Friday 28th November 2014.**

## Latest School News

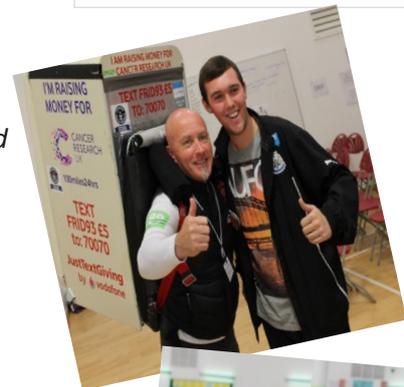
*As we approach our first half term of this academic year, I would like to take the opportunity to say a huge well done to our students for the success they achieved in the summer results. As you may be aware, we celebrated our best ever results on record and are incredibly proud of our students' achievements. We are also delighted that many of our Year 11 students have joined us in our sixth form and have taken up a range of courses. Despite only being in our first half term, there have already been lots of fantastic events and many memorable moments, some of which you can read about in this newsletter or on our website. Some of my own memorable moments were: Mr Allen's pop up shops and the students competing 'Apprentice' style to sell their products during break times; students playing music and singing at our Year 8 open evening; staff and student teams playing volleyball at lunchtimes, especially Mr Sherlaw's old Year 11 PE class of girls who did a great job, but my personal favourite has to be meeting 'Tony The Fridge', hearing his inspirational story, and seeing Mrs. Thompson running with Tony's fridge!*

*I hope you all have a great half term break and stay safe.*

Mrs. Crowder

## Some important dates ...

3rd November—Students return to school  
 10th-14th November—Y11/12/13 Trial Exams  
 28th November—Staff training day  
 19th December—Christmas Jumper Day  
 19th December—Break up for Christmas Holidays.



## Charities we've been supporting:



Thank you to all the members of the student council who have been working hard on this newsletter.

Why not visit our website? Just scan this handy QR code.



# Autumn Term 2014

## Tony The Fridge



We were extremely lucky to welcome ITV Pride of Britain Award winner 'Tony the Fridge' into school recently. Tony won the award for Fundraiser of the Year for carrying a 42kg Smeg fridge on his back whilst completing some amazing challenges. These challenges include completing four London Marathons in one day. That's 104.8 miles non-stop running with a 42kg Smeg on his back. His most recent challenge was running the Great North Run non-stop for 24 hours!. Tony presented to all year 9 and 10 students on the theme of endurance, and told his personal story; he made us laugh and he made us cry. Some of the highlights were watching the smiles on students' faces whilst they tried on his fridge and his analogy for endurance using the story of how a bamboo shoot takes five years to start to grow, but then shoots up in just five days. Tony's mantra is that every step he takes with his fridge on his back is a tribute to someone who has lost a loved one to cancer, everyone who has been affected by cancer, and all the people fighting cancer. What an inspiration to us all.

Year 11 student Thea Dodds was invited by Gateshead Council to attend The Youth Sport Trust's Leadership and Volunteering initiative, Lead Your Generation at Gibside National Trust Centre. Even though it rained all day, it was great fun, building tree houses and problem solving in the woods. Thea had a fantastic day working in teams with volunteers from local schools. She will help to keep the spirit of London 2012 alive when she will be a volunteer at The British Transplant Games at Gateshead in 2015. "I really enjoyed the day. I especially enjoyed the team building activities. I think doing Lead Your Generation will not just increase my skills, but will also increase other peoples' skills by including them in the activities. I might be the only one from Monkseaton High School who is part of this project, but I am more than happy to represent my school with pride."

## Lead Your Generation



## Reading Programme



Some of our Year 9 students have embarked on a reading programme working alongside sixth form volunteers one hour a week. Our year 9 students are starting to see great rewards for their hard work. Stephanie Douglas thinks the benefits it has for the 6<sup>th</sup> formers are huge also. "I started doing it as I thought it would look great on my CV but now I believe it's more than that. These year nine students trust you and you have a bond over that one book. Also, I personally get a buzz from knowing that by taking one hour a week out of my schedule, I can help someone, and that one hour could be helping them make their future better."

## Poetry by Heart



The English Department is delighted that several students have had their poems published. Students were invited to submit a poem on the theme of war to Young Writers. This was to coincide with the 100th anniversary of WWI. Our successful poets were Imogen Sladen, Shannon Hughes Martin, Amelia Thompson, Katelynn Johnson, Adil Miah, Imogen Parkinson, Lennox Giblin, Jordan Allen, Joe Mishner and Euan Sharp. Euan was obviously so inspired that he has also entered a poetry competition of a different sort! We are excited to say that we are taking part in the 'Poetry By Heart' competition. Euan, along with Bradley Jolly, Kieron Archer, Erin McKnight and Danielle Douglas will learn and recite two poems, one written before 1914 and one written after. We will be competing against other schools in the area in the new year, so will keep you informed.

## Public Health School Nurse



I would like to introduce myself as your Public Health School Nurse. My name is Karen Pang and I offer a confidential drop in service every Monday lunchtime for the young people who attend Monkseaton High School. If you need to contact the Whitley Bay School Health Team for advice or to make a referral please call 0191 219 6654/5 during term time. We are working towards gaining "You're Welcome" accreditation; a Department of Health award given to Health Services that are proven to be Young People friendly. I look forward to meeting the young people.

